

## Feedback on the Well-being Team

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Feedback from anyone who has accessed our service either directly or indirectly is appreciated and carefully considered. If you would like to provide the team with some feedback or suggestions as to how we can develop and improve our services, please feel free to contact us.

## Contacts

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For more information the Well-being Team can be contacted as follows:

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## The Well-being Team

## What is the Well-being Team?

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The Well-being Team forms part of the Education Support Team (EST) and sits within the Education Department. There are currently four well-being facilitators (WBFs) who provide all primary schools in Jersey with a regular visiting service.

The work of the WBFs is based on the view that positive wellbeing underpins successful learning, which in turn can support a positive attitude towards learning for the future. In line with this, WBFs undertake specific training and bring expertise in the area of positive emotional health and well-being, which they apply in the support they provide for schools and school communities.

## How might a WBF work with my child?

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Support provided by WBFs is based on discussions and some assessments of a child's well-being needs. A programme is then designed to meet these specific needs and aims to be fun and engaging. Activities are designed to motivate and engage children in areas of low level social and emotional health. Sessions aim to promote and develop self-management strategies for children to use and transfer into other areas of their life (the classroom, playground or family home).

## What type of approaches do WBFs use?

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WBFs can support schools and school communities in different ways. Typically, however, support will take the form of either:

- Whole class work sessions led by a WBF and often in partnership with the class teacher
- Small group work (3 - 5 children) providing an opportunity for more focused work
- 1:1 work with a child providing a more individualized programme based on specific assessments to support and focus on a child's individual areas of need.
- WBF are also able to offer consultation, advice and support for the school's Emotional Literacy Support Assistant (ELSA), if they have one.

## How does my child get access to a WBF?

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If you have any concerns about how your child is getting on in school, the first thing to do is talk to school staff (class teacher, special educational needs coordinator). If school feels that a WBF may be able to support, they will contact the WBF linked to their school for an initial discussion and to talk through any concerns raised via regular termly visits.

Your permission and written consent will always be sought if a WBF is going to become involved in supporting your child.